



Regeneration Potluck and Information Session

Sunday, September 15th, 11:00 to 2:00

At the

Just Food Farm

2391 Pepin Court, Ottawa

Join local and national agricultural and environmental groups for a potluck and information session exploring what is possible, and already happening, in **ecosystem and climate restoration through soil care, regenerative farming and positive changes in the food system.**

For more information, or to let us know if you plan to attend, please search for '**regeneration summer meetups**' on Facebook or email us at executivedirector@organiclandcare.ca.

Please invite your friends, family and anyone else interested in taking an afternoon to celebrate real actions that are helping to create a regenerative future and to learn about how to participate in and support further actions and changes.

*****Please bring your own dishes, no disposable dishes please*****

- Bring something to share in the potluck or simply join us as a welcome guest
- Parking is available on site and the farm is served by the #94 bus route
- The building is accessible, with a wheelchair lift to the second floor event space



Just
Food

ECOLOGY
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COG

Canadian Organic Growers
Cultivons Biologique Canada
Ottawa - St. Lawrence - Outaouais Chapter
Section d'Ottawa - Saint Laurent - Outaouais
(COG OSO)
www.cog.ca/ottawa